

## INTERESTED?

Obtain an application packet from your case manager or download it from our website and complete the packet at least two months prior to your release to be considered for participation in the program.

## CONTACT US

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SOAR  
CAREERS

*Reach hire.*



**"SOAR'S RE-ENTRY SERVICES HAVE  
GIVEN ME A NEW LIFE, A WHOLE  
BRAND NEW EVERYTHING."**

**-SOAR PARTICIPANT**



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**ARE YOU OR SOMEONE YOU KNOW  
GETTING RELEASED FROM  
INCARCERATION AND DON'T  
KNOW WHAT TO DO?**

**WE CAN HELP.**

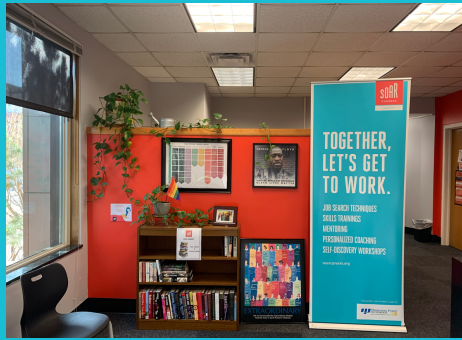
# "THE BEST GIFT IN LIFE IS A SECOND CHANCE."

Re-entry services provides support to individuals who are transitioning back to the Duluth area. SOAR staff help you navigate the challenges and obstacles many people face when released from incarceration. Our goal is to help you overcome those barriers and make a smooth and fulfilling transition into the community.

## HOW CAN SOAR HELP?

When you get out, finding housing, work, dealing with addictions, and building relationships with family and friends can be difficult. SOAR staff will work with you one-to-one to create your personalized goal plan to overcome those barriers. Staff can work with you to:

- Search for employment
- Complete resumes and job applications
- Prepare for interviews
- Enroll into educational opportunities
- Find housing
- Access medical and mental health services
- Address financial issues



- Introduce you to positive family relationships, community relationships, and social activities
- Support sober living and connect you to culturally specific treatment options
- Assistance in navigating legal matters
- Participate in a weekly Re-entry Support Group. Group includes a meal, community resources, and peer support
- Learn independent living skills
- Connect you with other supportive services as needed

**"IF YOU THINK IT WAS HARD WHEN YOU WENT IT, IT'S EVEN HARDER WHEN YOU GET OUT. TRYING TO MAKE BETTER CHOICES IN THE OLD ENVIRONMENT WON'T WORK"**

**-SOAR PARTICIPANT**

## ADDITIONAL SERVICES:

### CAREER QUEST

Career Quest teaches participants how to communicate effectively with employers, which makes the difference in getting and keeping jobs. Participants identify their interests and skills, develop individual employment plans, map out their career pathway, and learn up to date job seeking techniques to get their ideal job.

### MIND OVER MATTERS

Mind over Matters uses cognitive psychology and social learning theory to help participants to be their best self. We discuss barriers and how to overcome them, how beliefs influence your behavior, and how to set and achieve life goals.

### JOB SKILLS TRAINING

We partner with a variety of local training providers to provide subsidized career and technical trainings to increase knowledge and marketable skill sets. In the past we have offered Certified Nursing Assistant training, Commercial Drivers License training, Construction and Hospitality trainings, IT training, and more.